



Massachusetts Men's Gymnastics

2012 STATE CHAMPIONSHIPS MEET PACKET

General Information

Dates:	March 24 th & 25 th
Competition Director:	Cal Booker
Location:	- Sterling Academy of Gymnastics
For Directions:	Go to www.massgymnastics.org
For Information:	Please first try the website www.massgymnastics.org also feel free to email cal@massgymnastics.org with any questions.
Registration:	A completed registration packet is due to the state director by Mar. 1st.
Mail to:	STERLING ACADEMY OF GYMNASTICS c/o Nancy - State Meet 15 Industrial Drive- Sterling, MA 01564
Entry Fee:	\$90.00 per gymnast. Send Check Payable to: <i>USA MA Boys</i>
Qualification Scores for States:	Level 4: 75AA Level 5: 75 AA Level 6: 70 AA Level 7: 68 AA
Awards:	Team awards for levels 7 - 10 at Championships
Refunds:	No Refunds after March 1 st
Information for Families:	See www.massgymnastics.org
Results:	Results will also be posted on the website

Please have parents contact coaches for all information. Coaches feel free to contact me at any time for information via email cal@massgymnastics.org



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Meet Schedule(tentative)

Saturday March 24th

Session 1

Level 4 - Ages (8-9) & (12+)
Check In & Open Stretch - 7:45 am
Open Warm-Ups - 8:00 am
Meet - 9:00 am
(Modified Capital Cup)

Session 2

Levels 4- Ages (6-7) & (10-11)
Check In & Open Stretch 11:00 am
Open Warm-Ups - 11:15 am
Meet - 12:15 pm
(Modified Capital Cup)

Session 3

Level 5 Ages (7-9)
Check In & Open Stretch -2:30 pm
Warm Ups: 2:45 pm
Meet - 3:45 pm
(Modified Capital Cup)

Session 4

Level 5 Ages (10-11) & (12+) Level 6 Ages (8-9)
Check In & Open Stretch - 6:15 pm
Open Warm Ups: 6:30 pm
Meet - 7:30 pm
(Modified Capital Cup)

Sunday March 25th

Session 5

Level 6 (10-11) (12+)
Check-In & Open Stretch - 7:45 am
Open Warm-Ups - 8:00 am
Meet - 9:00 am
(Modified Capital Cup)

Session 6

Level 7 & 9s (All Ages)
Check In & Open Stretch - 11:00 am
Open Warm-Ups - 11:15 am
Meet - 12:15 pm
(Modified Capital Cup)

Session 7

Levels 8 & 10 (All Ages)
Check In & Open Stretch - 3:00 pm
Open Warm-Ups 3:15 pm
Competition -4:45 pm



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State Meet Senior Questionnaire

*All Seniors Must Complete and return this by **March 1st**. -Please include a Senior Photograph*

Name: _____
Home Town: _____
Mothers Name: _____

Birth Date: _____
High School: _____
Fathers Name: _____

Please Write a Paragraph or Two for our State Meet Souvenir Program:

- Space in Program allows for 100-170 words
- You may say anything you like to your team, coach, friends, parents and family. This is your chance to thank the people who Supported you in gymnastics and remember the good times you had over the years.
- Please have fun, but keep all comments respectful.

Senior Scholarship Information

*All Seniors Who Wish To Apply Must Complete and return this by **March 1st**. -Please include a Senior Photograph*

Note: Acceptance of this scholarship could affect your NCAA eligibility depending upon your Individual situation.

Who is eligible to apply for the Scholarship?

Any American male citizen who is a USAG gymnast in good standing. ALL SENIORS should fill out the State Meet Souvenir Program Questionnaire and mail it by MARCH 1st.

How do I apply to the Scholarship?

The application must be Postmarked by **March 1st**

Where do I send the completed Application?

You may email you application to cal@massgymnastics.org or mail it to:

New England Academy of Gymnastics
Calvin Booker - Senior Scholarship
894 Boston Post Rd (East) - Suite 2 -
Marlborough, MA 01752

What is the amount of the scholarship?

The size of the Scholarship will vary, depending upon the dollars raised throughout the year in support of the program, but not to be under \$500.00.

Who will make the Scholarship decision?

One professional member from each club will have one vote for an applicant.

What are the deadlines and other relevant dates?

March 1, 2012: Final Deadline for Scholarship Applications and Senior Pictures



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Senior Scholarship Application

Please remember Application must be received on or by March 1st^h, 2012

Please Type or Print on a Computer:

Name: _____

Address: _____

City/State/Zip: _____

Birth Date: _____

Phone - Day: _____ Evening: _____

High School: _____ GPA: _____ Graduation Year: _____

Undergraduate Institution _____

Major: _____ Expected Degree Date: _____

Mother's Name: _____ Father's Name: _____

Scholarship Questions:

1. List the gymnastics competitions you have participated in over the last year, with your levels, ranks and scores.
2. What are your athletic goals (for the coming year and for the next five years)?
3. What are your academic goals?
4. Please Discuss how you see yourself as an athlete, as a person. (Continue on extra page if needed.)
5. Please outline your honors and activities
6. How would a scholarship contribute to your goals?



Massachusetts Men's Gymnastics

2012 STATE CHAMPIONSHIPS MEET PACKET



Team Cup Information

- Date: Saturday, March 10, 2012
- Competition Director: Cal Booker
- Location: Sterling Academy of Gymnastics, Sterling Massachusetts
- For Information: Please first try the website www.massgymnastics.org also feel free to email cal@massgymnastics.org with any questions.
- Registration: A completed registration packet is due to the state director by Mar 1st.. Mail to:STERLING ACADEMY OF GYMNASTICS
c/o Nancy - State Meet
15 Industrial Drive-
Sterling, MA 01564
- Entry Fee: \$45/ per gymnast
Send Check Payable to: *Mass USAG Boys*
- Awards:
- | | |
|---------------------|----------|
| Level 6: | 3 places |
| Level 5: | 3 places |
| Level 4: | 3 places |
| Level 4-6 combined: | 4 Places |
- Refunds: No Refunds after March 1st
- Information for Families: See www.massgymnastics.org



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Team Cup Information



Purpose of the competition

To provide a high quality and exciting team championships for the boys in the compulsory program
To Raise a \$500.00 scholarship for a graduating senior from Massachusetts

Rules for all Team Cup Meets

- The Top three scores in each class on each event count toward the team total.
- May use specialists
- No qualifying score to enter
- **Combined division score is determined by combining levels 4, 5, and 6 team scores**

Level 4 Team Cup

- Maximum of five gymnast per club on each event, minimum of three gymnasts on each event. You may compete as many level 4 teams as you like.
- No gymnasts over 12 years old

Level 5 & 6 Team Cups

- Maximum of 4 gymnasts per level on each event for each club
- No Gymnasts over 16 years old.

Please fill out the following form if entering a team into the team cup:

Gym Club: _____

Coach: _____

Check off the levels that will be competing:

Team Cup: Level 4 Team Number of Teams: _____
 Level 5 Team Number of Teams: _____
 Level 6 Team Number of Teams: _____

Number of competing gymnasts _____ X \$45.00 = _____



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Team Cup Information

Level 4 Team Cup Times:

Check-In and Stretch: 1:00pm
 Timed Warm-ups: 1:30 - 2:30pm
 Competition Time: 2:40 - 4:40pm
 Awards: 4:40 - 5:00pm

Level 5 & 6 Team Cup Times:

Check-In and Stretch: 5:15pm
 Timed Warm-ups: 5:30 - 6:50pm
 Competition Time: 7:00 - 8:30pm
 Awards: 8:40 - 9:00pm

Sterling Academy of Gymnastics

From Worcester, North - Rte. I-190 North to Exit 6. Turn right, to next left, Chocksett Road, proceed for 1 mile. Turn left onto Pratt's Junction Road, proceed 7/10 mile to Industrial Drive on left. S.A.G. is large blue building at end of drive.

From Fitchburg, South - Rte. I-190 South to Exit 6. Turn right, 9/10 mile to Pratt's Junction Road on right. (Seamus O'Callahan's Restaurant on corner). Proceed 9/10 mile to Industrial Drive on right. S.A.G. is large blue building at end of drive.

From Leominster, South - Rte. 12 South to Pratt's Junction Road on Left (Seamus O'Callahan's Restaurant on corner). Proceed 9/10 mile to Industrial Drive on right. S.A.G. is large blue building at end of drive.

From Clinton, West - West on Rte. 62 to Chocksett Road. Right onto Pratt's Junction Road. Proceed 7/10 mile to Industrial Drive on left. S.A.G. is large blue building at end of drive.

From the North, New Hampshire, Maine - Take Route 495 South to Route 2 West, Acton - Fitchburg. In Leominster area, follow signs for Route 190 South towards Worcester. Take exit 6 off Route 190. Turn right, 9/10 mile to Pratt's Junction Road on right. (Seamus O'Callahan's Restaurant on corner). Proceed 9/10 mile to Industrial Drive on right. S.A.G. is large blue building at end of drive.

From the East, Boston, or West, NY, Connecticut - Take Massachusetts Turnpike (Route 90) to Exit 10 in Auburn. Proceed East on Route 290 towards Worcester, to Route 190 North, Exit 19, Fitchburg - Leominster. Route. I-190 North to Exit 6. Turn right, to next left, Chocksett Road, proceed for 1 mile. Turn left onto Pratt's Junction Road, proceed 7/10 mile to Industrial Drive on left. S.A.G. is large blue building at end of drive.

